

## MENU – week commencing 11th October 2021

	<b>Meat Free Monday</b>	<b>Tuesday Choose Day</b>	<b>Wednesday Wonderful Roast</b>	<b>Thursday Julie's Jackets</b>	<b>Friday Fish Friday</b>
Lunch	Pasta with a choice of toppings	Stir-fry and rice	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Breaded fish, chips and vegetables
Vegetarian option	Pasta with a choice of toppings	Stir-fry and rice	Veggie sausage roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable slice, chips and vegetables
Dessert	Peach slices	Fruit	Fruit	Fruit	Fruit
Free From option	Pasta Peach slices	Stir-fry Fruit	Roast turkey with all trimmings and gravy Fruit	Jacket potato with a choice of toppings  Fruit	Fish fingers, potato lattice and vegetables  Fruit
	<p>All meals will contain or be served with at least one portion of vegetables.            All hot puddings will be accompanied by custard or cream.            All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.            All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>				