

# **CUDDINGTON AND DINTON CHURCH OF ENGLAND SCHOOL POLICIES AND PROCEDURES**

## **Sex Education Policy**



### **Church of England School**

Let your light shine' Matthew 5:16 is central to all that we do as a Christian school community. We work together to nurture the well-being, learning and development of everyone, empowering all to shine as individuals through clearly understood values and behaviour, founded in the Christian faith.

<b>Date Reviewed</b>	<b>July 2021</b>
<b>Date adopted by Governing Body</b>	<b>30<sup>th</sup> June 2020</b>
<b>Date for next review by Governing Body</b>	<b>July 2022</b>

## 1. School values

At Cuddington and Dinton Church of England School we are committed to providing a holistic approach to education which aims to support the academic, cultural, personal and social development of all our pupils. From September 2020 statutory Relationships Education and Health Education will be part of the taught curriculum within PSHE. This is an essential part of a child's education and contributes to their personal development. Sex Education is not statutory at primary school but recommended by the DfE. We teach Sex Education to year 6 children only, as part of our Relationships Education within the planned PSHE curriculum. We undertake to follow the principles outlined in the Church of England '**Charter for faith sensitive and inclusive relationships education, relationships and sex education (RSE) and health education (RSHE).**' (**Appendix 1**)

The PSHE programme at Cuddington and Dinton uses the growth mindset approach to promote positive behaviour, support mental health and wellbeing; the school's unique Christian ethos demonstrates and encourages the following values: love, integrity, trust, resilience, belief and respect.

## 2. Aims of the Sex Education policy

- Provide information to staff, parents and carers, governors, pupils and other agencies regarding the organisation, content and approach to teaching Sex Education;
- Help parents and carers to understand what is covered in Sex Education and support them to work with their child to secure the very best outcomes for all pupils;
- Demonstrate how the school meets legal requirements with regards to teaching Sex Education;

### Legal Requirements

To comply with The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education and Health Education compulsory for all pupils receiving primary education in state schools.

To comply with the **Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance from the DfE (June 2019) (Appendix 2)**

To comply with the requirements to have an up to date Sex Education policy developed in consultation with pupils, parents and carers (Education Act 1996) and in line with the **DfE statutory guidance on Relationships Education, RSE and Health Education (June 2019) (Appendix 2)**

To have due regard to the Equality Act (2010) which requires schools to prevent discrimination, advance equality of opportunity and foster good relation between different groups. The protected characteristics that apply to school age children are disability, race, religion or belief, sex, sexual orientation, gender reassignment, pregnancy and maternity.

To fulfil statutory safeguarding duties and ensure any safeguarding issues arising from Sex Education teaching are identified and followed in accordance with the school safeguarding policy.

## 3. Parents'/ carers right to withdraw

At Cuddington and Dinton school we teach Sex Education to Year 6 children as part of our Relationships and PSHE curriculum. As Sex Education is not statutory at primary school, we wish to state the right of parents and carers to withdraw their child from designated Sex Education lessons. We encourage parents/ carers to make an appointment to come in and speak to the class teacher and/or Headteacher about any concerns they may have. Requests for withdrawal should be put in writing.

Parents and carers do not have the right to withdraw their child from PSHE which includes statutory Relationships Education and Health Education (including the changing adolescent body/puberty). The science curriculum also includes content on human development, including reproduction, which there is no right to withdraw from. We highly recommend all students receive the full PSHE curriculum. **DfE guide for parents (Appendix 3)**

## 4. Development of the policy

This policy was developed by the PSHE lead in consultation with the TLSA school governors, parents and pupils.

This policy links to the PSHE policy, Relationships Education Policy, Child Protection Policy, Anti-Bullying Policy, Equalities policy and the Behaviour and Discipline policy; all available on the school website.

We aim to work collaboratively with parents/ carers to ensure pupils receive Sex Education lessons that are relevant and age appropriate and sensitive to the needs of the community we serve. We welcome parents and carers to make an appointment to come in to discuss any aspect of this policy and the provision in school. ***DfE guide for parents (Appendix 3)***

## **5. Definition of Sex Education**

Sex Education at Cuddington and Dinton school is taught through the PSHE curriculum as part Relationships Education. Sex Education is taught in addition to the statutory science curriculum and provides factual and age appropriate knowledge about conception and birth. In preparation for the secondary RSE curriculum, Sex Education teaches pupils to recognise the difference between intimate and non-intimate relationships, promotes healthy committed relationships including marriage, consent and the values and responsibilities required to build healthy adult relationships. It also teaches pupils the legal age for marriage and consensual sexual relationships, to recognise their right to their own physical and emotional personal space, how to keep themselves safe, and how to report concerns or issues. Puberty Education is part of statutory Health Education and parents/cares do not have the right to withdraw their child from this aspect of the curriculum.

## **6. The Curriculum**

### **Intent**

Why teach Sex Education?

The DfE states in the statutory Relationships, Relationships and Sex Education and Health Education guidance (page 23)

‘It is important that the transition phase before moving to secondary school supports pupils’ ongoing emotional and physical development effectively. The department continues to recommend therefore that all primary schools have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge from the national curriculum for science – how a baby is conceived and born’.

High quality Sex Education will support pupils to:

- Be taught factual and correct information about this how a baby is conceived and born;
- Explore in a safe and managed environment questions they may have about puberty and give them an age appropriate understanding of sexual development;
- Understand that all intimate relationships should be consensual and based on love and respect;
- Understand the law and be taught that intimate relationships are for consenting adults;
- Understand the importance of marriage and committed relationships and learn about different cultural and religious approaches to this;
- Recognise and establish their own personal boundaries, and privacy relating to their own bodies;
- Dispel myths and incorrect information about sex and how a baby is conceived and born;
- Recognise unhealthy relationships, inappropriate behaviour and to report concerns or abuse, (including signposting to trusted online support services such as Childline);
- Ask a trusted adult rather than go online with regards to any concerns or questions they may have and avoid viewing any inappropriate material or entering into social media conversations.

### **Implementation**

Sex Education is delivered to Year 6 children through the Relationships curriculum as part of PSHE education. To ensure the content and delivery of Sex Education is appropriate and relevant to our pupils we use a simple baseline to ascertain what pupils already know and find out what they would like to learn.

Distancing techniques are used in PSHE education, which provide depersonalised examples which support children to explore what is being taught without sharing their own personal experiences in the lesson.

**Cuddington and Dinton school teaching arrangements** – Buckinghamshire Healthcare NHS Trust ‘Sex Education for Primary school Year 6’ (***Appendix 4***); taught to the whole Year 6 class together over two afternoons during term Summer 2 (prior to secondary school transition); taught by the class teacher with an additional adult in the

classroom. Content will be made accessible to all pupils, taking individual SEND needs into careful consideration and seeking advice from the SENDCO as necessary. ***Sex Education curriculum and course content (Appendix 4)***

### **Managing Difficult Questions**

All aspects of PSHE are underpinned by shared and understood ground rules (***Appendix 5***) with lessons being delivered in a safe and well managed environment. Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. Some questions or issues raised may not be appropriately answered in whole class lessons and these will be followed up separately on an individual or group basis. A question box is available for pupils who do not feel confident to ask questions or wish to have a separate conversation with a member of staff. Given ease of access to the internet, children whose questions go unanswered may turn to inappropriate sources of information. We also respect that some questions are better addressed at home with parents/ carers and the school will share information with parents/carers on an individual basis should the need arise. Whilst it is vital to have trust and openness, we cannot offer total confidentiality to pupils. Any disclosures or areas of concern will be followed up in accordance with our safeguarding procedures.

### **Impact**

High quality sex education will enable our pupils to:

- Have a factual and age appropriate understanding of how babies are made and born;
- Understand that intimate and sexual relationships are a natural part of adult life;
- Know who to talk to if they have further questions about sex and intimate relationships;
- Be aware of and respect different types of relationships in accordance with the Equalities Act;
- Know they will continue to learn about sex education in their secondary school;
- Keep themselves safe online, recognising risks, harmful content, and online contact and be able to report any concerns at the earliest stage;
- Know how to keep safe by recognising any inappropriate behaviour from others;
- Report concerns or abuse, having the confidence, knowledge and vocabulary to do so.

### **7. Confidentiality and safeguarding**

Any personal disclosures made by pupils will be followed up in accordance with the school's child protection policy. Teachers will report any safeguarding concerns to the DSL or Additional DSL's, where safeguarding practices will be followed.

### **8. Roles and responsibilities**

The Governing Body will approve the policy and hold the Headteacher to account for its implementation. The Headteacher is responsible for ensuring PSHE including Sex Education is taught consistently across the school and for managing requests with regards to the parental right to withdraw from non-statutory Sex Education. The PSHE lead is responsible for leading and managing the subject. Teachers are responsible for delivering PSHE. Pupils are expected to fully engage with PSHE provision, including Sex Education, and treat others with respect.

### **9. Working with parents and carers**

We keep parents/ carers informed about when sex education will take place for Year 6 pupils during Summer 2. Course curriculum content is shared (***Appendix 4***); teaching materials sourced from 'Buckinghamshire Healthcare NHS trust' can be viewed on our website (***Appendix 4***). We actively encourage parents to contact the school if they have questions or concerns out the course. We will facilitate a meeting for parents if required.

### **10. Working with outside agencies and visiting speakers**

Visitors will only be invited to work in school to enhance teaching, fitting in with the PSHE scheme of work and specific learning objectives concerning Sex Education. They will be working alongside a member of teaching staff, rather than replacing. The materials a visitor is using will be sent to the school in advance, to check appropriateness and allow for SEND adaptations to be made. Confidentiality will be agreed in advance and the visitor will understand the safeguarding procedures and who the DSL is on site.

### **11. Monitoring, evaluation and training**

Sex Education will be monitored and evaluated by the PSHE lead, SLT and Governors in line with the monitoring cycle agreed by our school. The Sex Education policy will be reviewed annually.

To ensure staff are confident to deliver all aspects of the PSHE curriculum including Sex Education, access to online, in school, local and national training will be made available in accordance with our school CPD programme for staff development.

**Appendix 1** The Church of England 'Charter for faith sensitive and inclusive relationships education, relationships and sex education (RSE) and health education (RSHE).'

[https://www.churchofengland.org/sites/default/files/2019-11/RSHE%20Principles%20and%20Charter\\_0.pdf](https://www.churchofengland.org/sites/default/files/2019-11/RSHE%20Principles%20and%20Charter_0.pdf)

**Appendix 2** DfE- Statutory guidance: Relationships Education, Relationships and Sex Education and Health Education

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

**Appendix 3** DfE- Understanding Relationships and Health Education in your child's primary school: a guide for parents.

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/812593/RS\\_E\\_primary\\_schools\\_guide\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RS_E_primary_schools_guide_for_parents.pdf)

**Appendix 4** Sex Education Curriculum and course content for Year 6

Year 6 Summer 2
Respect
Growing up
<ul style="list-style-type: none"><li>• Recap on puberty</li><li>• Menstrual cycle</li><li>• Female reproductive system</li><li>• Male reproductive system</li><li>• NSPCC's- learn the underwear rule</li><li>• What is sex?</li><li>• Making love</li><li>• Fertilization</li><li>• Conception</li><li>• Where do babies grow?</li><li>• Pregnancy</li><li>• First trimester</li><li>• Second trimester</li><li>• Third trimester</li><li>• Birth of a baby</li><li>• Evaluation</li></ul>

<https://www.cuddingtonanddintonschool.co.uk/wp-content/uploads/2020/06/Sex-Education-for-Year-6-Final-version-Dec-2019-2.pdf>

**Appendix 5** Ground rules for Sex Education lessons

Work with pupils to establish a list of ground rules that will increase their feelings of safety and comfort during puberty and sex education classes.

It is essential that the following ground rules be included:

- No personal questions or sharing of private information.

- You have the right to pass on a question.
- No question is silly or stupid.
- Use dictionary words whenever possible.
- Post the list in the classroom and refer to it as needed.

There is a balance between encouraging pupils to talk about real life and over disclosure of private information. Encourage pupils to use the phrase "Someone I know..." instead of the person's name if sharing information of a personal nature.

Example of Ground rules:

G...Giggling is okay but laughing at others is not

R...Respect for myself and others is important

O...Option to pass on answering questions is available to all

U...Use dictionary words when describing the body

N...No question is a silly question!

D...Do use "Someone I know..." instead of the person's name