

**CUDDINGTON AND DINTON CHURCH OF ENGLAND SCHOOL
POLICIES AND PROCEDURES**

**Relationships Education
Policy**



Let your light shine' Matthew 5:16 is central to all that we do as a Christian school community. We work together to nurture the well-being, learning and development of everyone, empowering all to shine as individuals through clearly understood values and behaviour, founded in the Christian faith.

Date Reviewed	<u>July 2021</u>
Date adopted by Governing Body	<u>30.6.20 and 15.7.21</u>
Date for next review by Governing Body	<u>July 2022</u>

1. School values

At Cuddington and Dinton Church of England School we are committed to providing a holistic approach to education which aims to support the academic, cultural, personal and social development of all our pupils. From September 2020 statutory Relationships Education and Health Education will be part of the taught curriculum within PSHE. This is an essential part of a child's education and contributes to their personal development. We undertake to follow the principles outlined in the Church of England '*Charter for faith sensitive and inclusive relationships education, relationships and sex education (RSE) and health education (RSHE).*' (Appendix 1)

The PSHE programme at Cuddington and Dinton uses the growth mindset approach to promote positive behaviour, support mental health and wellbeing; the school's unique Christian ethos demonstrates and encourages the following values: love, integrity, trust, resilience, belief and respect.

2. Aims of the Relationships policy

All state funded primary schools are required to teach Relationships Education and to have a Relationships Education policy by September 2020.

The aim of this policy is to

- Provide information to staff, parents and carers, governors, pupils and other agencies regarding the organisation, content and approach to teaching Relationships Education.
- Help parents and carers to understand Relationships Education and support them to work with their child to secure the very best outcomes for all pupils.
- Demonstrate how the school meets legal requirements with regards to teaching Relationships Education.

Legal Requirements

To comply with The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education.

To comply with the Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance from the DfE (June 2019).

To comply with the requirements to have an up to date Relationships policy developed in consultation with pupils, parents and carers (Education Act 1996) and in line with the DfE statutory guidance on Relationships Education, RSE and Health Education (June 2019).

To have due regard to the Equality Act (2010) which requires schools to prevent discrimination, advance equality of opportunity and foster good relations between different groups. The protected characteristics that apply to school age children are disability, race, religion or belief, sex, sexual orientation, gender reassignment, pregnancy and maternity. www.legislation.gov.uk/ukpga/2010/15/contents

To fulfil statutory safeguarding duties and ensure any safeguarding issues arising from Relationships teaching are identified and followed in accordance with the school safeguarding policy.

At Cuddington and Dinton Church of England school we teach Sex Education as part of our Relationships and PSHE curriculum. As Sex Education is not statutory at primary, we wish to state the right of parents and carers to withdraw their child from designated Sex Education lessons. **(Please see Sex Education Policy)**

3. Development of the policy

This policy was developed by the PSHE lead in consultation with representations from the parent body, the TLSA Governors and pupils.

This policy links to the PSHE policy, Sex Education policy, Child Protection policy, Anti-Bullying policy, Equalities policy and the Behaviour and Discipline policy; all available on the school website.

Statutory Relationships Education is taught through the Personal, Social, Health and Economic Education (PSHE) curriculum. The personal, social, health and economic development of our pupils is a vital element of education and we aim to work collaboratively with parents/ carers to ensure our children are well informed and supported to make healthy, safe and positive choices in all aspects of their daily lives. We welcome parents and carers to make an appointment to discuss any aspect of this policy and the provision in school.

4. Definition of Relationships Education

Statutory Relationships at Cuddington and Dinton Church of England School is taught through the PSHE curriculum and teaches pupils what they need to know by the end of year 6 as defined by DfE guidance (**Appendix 2**).

Relationships Education gives pupils the information they need to help them develop healthy, nurturing relationships with other children and adults. It should enable them to know what a healthy relationship looks like, how to build and maintain happy, healthy relationships with others and recognise the importance of a range of relationships with friends, family, in school and in wider communities in which they live. Relationships Education also teaches pupils to recognise unhealthy behaviours, how to keep safe, identify potential dangers in their lives (including online) and how to report any concerns or abuse and where to access help if needed.

5. The Curriculum

Intent

Why teach Relationships Education?

Relationships Education is statutory from September 2020. High quality Relationships Education will support pupils to:

- Form and maintain positive relationships with other children and adults;
- Understand the importance of positive and healthy relationships on their wellbeing;
- Recognise what makes a good friendship and how to be a good friend in return;
- Strategies to manage the ups and downs of friendships and relationships with others;
- Show respect for others and recognise diversity within relationships, treating each other with kindness, consideration and understanding;
- Develop positive character traits and personal attributes such as self-respect, kindness, honesty, integrity and resilience;
- Positively engage in social action and contribute to the wellbeing of others;
- Understand the principles of positive relationships also apply online, how to keep safe and how to report concerns;
- Understand the importance of recognising and establishing their own personal boundaries and privacy;
- Understand and respect differences and combat all forms of bullying and discrimination;
- Recognise unhealthy relationships, inappropriate behaviour and bullying and to report concerns or abuse and are taught the appropriate vocabulary to do so (including signposting to trusted online support services such as Childline);
- Know how to ask a trusted adult for help with regards to any concerns about relationship issues;
- Be aware of the viewing of any inappropriate material or entering into social media conversations that could cause them harm;
- Recognise intimate physical relationships are for adults.

Implementation

Relationships Education is delivered through the PSHE curriculum. These aspects of the Relationships Education as defined by the DfE will be taught at an age appropriate level (**Appendix 2**).

To ensure the content and delivery of relationships education is appropriate and relevant to our pupils we use simple baselines to ascertain what pupils already know and find out what they would like to learn.

Distancing techniques are used to teach relationships education, which provides depersonalised examples which support children to explore what is being taught without sharing their own personal experiences in the lesson.

We provide an inclusive curriculum that promotes understanding and mutual respect for all. We reflect diversity within our curriculum to ensure that no pupil feels excluded and teach pupils to respect difference, promote equality and challenge stigma.

Outcomes for Relationships Education are defined by the DfE and cover:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe (we teach scientific names for body parts from Foundation class)

Organisation of lessons

PSHE lessons are taught by the class teacher and timetabled in to be taught as discreet lessons every week across each class. Teaching materials used include:

- Corham Life 'SCARF' programme of study.
- No Outsiders in Our School: Teaching the equalities act in primary schools by Andrew Moffat.

PSHE follows the themes taught for Collective worship, helping teach the school Christian values each half term.

(PSHE and school values overview- Appendix 3) Lessons are inclusive to all pupils; adjustments and support will be made for SEND pupils, as appropriate.

Managing Difficult Questions

All aspects of PSHE are underpinned by shared and understood ground rules with lessons being delivered in a safe and well managed environment. Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. Some questions or issues raised may not be appropriately answered in whole class lessons and these will be followed up separately on an individual or group basis. A question box is available for pupils who do not feel confident to ask questions or wish to have a separate conversation with a member of staff. Given ease of access to the internet, children whose questions go unanswered may turn to inappropriate sources of information. Whilst it is vital to have trust and openness, we cannot offer total confidentiality to pupils. Any disclosures or areas of concern will be followed up in accordance with our safeguarding procedures. We also respect that some questions are better addressed at home with parents/carers and the school will share information with parents/carers on an individual basis should the need arise.

Impact

High quality Relationships Education will enable our pupils to:

- Enjoy healthy and positive relationships with others;
- Understand how their behaviour affects others;
- Value and understand the importance of maintaining good relationships;
- Make positive choices about how to cultivate and nurture friendships and relationships;
- Be aware of and respect different types of relationships in accordance with the Equalities Act;
- Become actively engaged young citizens who make positive contributions to their families, school and the communities to which they belong;
- Recognise unhealthy relationships and have strategies to challenge negative behaviours;
- Know what to do if there are problems within relationships both on and offline, how to keep safe and where to go to seek help;

6. Confidentiality and safeguarding

Any personal disclosures made by pupils will be followed up in accordance with the school's child protection policy. Teachers will report any safeguarding concerns to the DSL or Additional DSL's, where safeguarding practices will be followed.

7. Roles and Responsibilities

It is the statutory responsibility of the governing body to ensure the school has a compliant and up to date Relationships policy. The Governing Body are required to approve the policy and hold the Headteacher to account for its implementation.

The Headteacher is responsible for ensuring PSHE is taught consistently across the school and for managing requests with regards to the parental right to withdraw from non-statutory Sex Education.

The PSHE lead is responsible for leading and managing PSHE, which includes statutory Relationships Education.

Teachers are responsible for delivering PSHE.

Pupils are expected to fully engage with PSHE provision and treat other with respect.

8. Working with outside agencies and visiting speakers

Visitors will only be invited to work in school to enhance teaching, fitting in with the PSHE scheme of work. They will be working alongside a member of teaching staff, rather than replacing. The materials a visitor is using will be sent to the school in advance, to check appropriateness and allow for SEND adaptations to be made. Confidentiality will be agreed in advance and the visitor will understand the safeguarding procedures and who the DSL is on site.

9. Monitoring, evaluation and training

PSHE provision will be monitored and evaluated by the PSHE lead, SLT and Governors in line with the monitoring cycle agreed by our school. Training will be made available to staff in accordance with our CPD programme for staff development.

10. Working with parents and carers (consulting, informing and supporting)

As the need arises, parent information evenings will be held in school. Material shared at these events will be made accessible on the school website. Resources to support pupils and families will continue to be updated on our website 'Family Support' page: https://www.cuddingtonanddintonschool.co.uk/family-support/?doing_wp_cron=1592228609.8416581153869628906250

Parents and carers are only entitled to withdraw their child from designated sex education lessons. Parents and carers do not have the right to withdraw their child from PSHE which includes statutory Relationships Education and Health Education (including the changing adolescent body/puberty). The science curriculum also includes content on human development, including reproduction, which there is no right to withdraw from. We highly recommend all students receive the full PSHE curriculum. For further details: **DFE Guide for parents (Appendix 4)**

Appendix 1 The Church of England 'Charter for faith sensitive and inclusive relationships education, relationships and sex education (RSE) and health education (RSHE).'

https://www.churchofengland.org/sites/default/files/2019-11/RSHE%20Principles%20and%20Charter_0.pdf

Appendix 2 DfE- Statutory guidance: Relationships Education, Relationships and Sex Education and Health Education <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

Appendix 3 PSHE and school values curriculum overview

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Love	Integrity	Trust	Resilience	Belief	Respect
Me and my relationships	Valuing difference	Keeping safe Healthy relationships	Rights and responsibilities	Being my best	Growing up

Appendix 4 DfE- Understanding Relationships and Health Education in your child's primary school: a guide for parents.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RS_E_primary_schools_guide_for_parents.pdf