

**MENU – week commencing 12th July 2021**

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|  | **Meat Free Monday** | **Tuesday**  **Choose Day** | **Wednesday**  **Wonderful Roast** | **Thursday**  **Julie’s Jackets** | **Friday**  **Fish Friday** |
| Lunch | Mixed bean chilli, rice and nachos | Hotdogs, potato wedges and salad | Roast beef with all the trimmings | Jacket potato with a choice of toppings | Fishburger, chips and vegetables |
| Vegetarian option | Mixed bean chilli, rice and nachos | Veggie hotdogs, potato wedges and salad | Quorn roast with all the trimmings | Jacket potato with a choice of toppings | Vegetable fingers, chips and vegetables |
| Dessert | Tinned peaches | Yoghurt | Carrot cake | Fruit | Chocolate muffin |
| Free From  option | Mixed bean chilli and rice  Tinned peaches | Sausages, potato wedges and salad  Vanilla pudding | Roast beef with all the trimmings  Biscuit | Jacket potato with a choice of toppings  Fruit | Fish fingers, chips and vegetables  Biscuit |
|  | **All meals will contain or be served with at least one portion of vegetables.**  **All hot puddings will be accompanied by custard or cream.**  **All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.**  **All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.** | | | | |