**DISHES AND THEIR ALLERGEN CONTENT –** Homemade@Haddenham St Mary’sMAIN DISHES – Summer 2 2021

**All free from menu options are free from gluten and dairy products – for further information please email** [**homemade@haddenham-st-marys.bucks.sch.uk**](mailto:homemade@haddenham-st-marys.bucks.sch.uk)

**All plant based dishes are free from meat, egg and dairy products**

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| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| ‘Free from’ fish fingers, new potatoes/chips/  wedges and vegetables |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |
| Breaded chicken, potato croquettes and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Breaded fish, chips and vegetables |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Chicken goujons, potato rosti/wedges and vegetables/salad |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Fish burger, chips and vegetables |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Fish cake, potato rosti and veg |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Hotdogs, potato wedges and salad |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  | ✓ |
| Jacket potato with a choice of fillings |  |  |  |  | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Jumbo fish fingers, potato lattice and vegetables |  | ✓ |  | ✓ | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Macaroni cheese |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Mixed bean chilli, rice and nachos |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Pizza, potato wedges and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Quorn fillet, potato croquettes and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Quorn roast with all the trimmings |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Roast beef with all the trimmings |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Sausage, chips and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  | ✓ |
| Spaghetti Bolognese |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Spring roll, rice and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Turkey roast with all the trimmings |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Vegan sausage roll, potato rosti and baked beans |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Vegetable fingers, new potatoes/chips/ croquettes/rosti and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Vegetable slice, potato lattice/chips and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Veggie Bolognese |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Veggie hotdogs, potato wedges and salad |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Veggie sausage, chips and peas |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Veggie sausage roast dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |  |

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| Review date: 05/05/2021 |  | Reviewed by: | J Higgins | Food Standards Agency food.gov.uk | You can find this template, including more information [at www.food.gov.uk/allergy](http://www.food.gov.uk/allergy) |