



MENU – week 3

	Monday Around the World	Tuesday Plant Based	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Meatballs and spaghetti	Hoisin duck and rice	Roast Beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Fish burger, potatoes and vegetables
Vegetarian option	Veggie meatballs and spaghetti	Hoisin duck and rice	Falafel roast with all the trimmings	Jacket potato with a choice of toppings	Veggie burger, potatoes and vegetable
Dessert	Bananas and custard	Pancakes and Fruit	Fresh fruit	Chocolate and beetroot cake	Homemade biscuit
Free From option	Meatballs and spaghetti Bananas and custard	Hoisin duck and rice fruit	Roast turkey with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, potatoes and vegetable Cookie/flapjack
<p>All meals will contain or be served with at least one portion of vegetables. All hot puddings will be accompanied by custard or cream. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>					

