



## MENU – week 1

	<b>Monday Around the World</b>	<b>Tuesday Plant Based</b>	<b>Wednesday Wonderful Roast</b>	<b>Thursday Julie's Jackets</b>	<b>Friday Fish Friday</b>
Lunch	Pork stroganoff	Spaghetti Bolognese	Roast beef with all the trimmings and gravy	Jacket potato with a choice of toppings	Breaded fish, chips and vegetables
Vegetarian option	Vegetable stroganoff	Spaghetti Bolognese	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable fingers, chips and vegetables
Dessert	Mandarin segments	Pancakes and fruit	Fresh fruit	Honey cake	Rock cake
Free From option	Pork stroganoff Mandarin segments	Spaghetti Bolognese Pancakes and fruit	Roast beef with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Fish fingers, chips and vegetables Cookie/flapjack
	<p><b>All meals will contain or be served with at least one portion of vegetables.</b>  <b>All hot puddings will be accompanied by custard or cream.</b>  <b>All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.</b>  <b>All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</b></p>				