## Dear Lord,

Please help us to show respect around the school by picking up litter and looking after the equipment that we are privileged to have. Guide us to show respect by congratulating friends and family who achieve their goals. We will show respect to people by listening to them, helping them if they need help and by being polite.

Showing respect to ourselves is just as important and we can do this by respecting our bodies and looking after them, eating healthy foods and exercising.

Please help me to treat everyone with kindness and respect.

Amen