

**MENU – week 4**

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|  | **Monday****Around the world** | **Tuesday****Family** **Favourites** | **Wednesday****Wonderful Roast** | **Thursday****Julie’s Jackets** | **Friday****Fish Friday** |
| Lunch | Chilli, rice and nachos | Parmesan chicken, chips and vegetables | Roast beef with all the trimmings and gravy | Jacket potato with a choice of toppings | Cod bites, potato croquettes and vegetables |
| Vegetarian option | Vegetable chilli, rice and nachos | Loaded potato skins and vegetables | Veggie sausage roast with all the trimmings | Jacket potato with a choice of toppings | Vegetable bites, potato croquettes and vegetables |
| Dessert | Peach | Blueberry muffin | Fresh fruit | Chocolate and raspberry cake | Flapjack |
| Free Fromoption | Chilli, rice and nachosPeach | Chicken breast, chips and vegetablesBiscuit | Roast beef with all the trimmings and gravyFresh fruit | Jacket potato with a choice of toppingsCake/Biscuit | Fishfingers, potato croquettes and vegetables Flapjack/Biscuit |
|  | **All meals will contain or be served with at least one portion of vegetables.****All hot puddings will be accompanied by custard or cream.****All roast dinners, sausage & mash and pie dishes will have the option of extra gravy.****All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.** |