**DISHES AND THEIR ALLERGEN CONTENT –** Homemade@Haddenham St Mary’sMAIN DISHES – Summer 2 2017

**All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| DISHES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Beef burger, chips and coleslaw |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Veggie burger, chips and coleslaw |  |   |  | ✓ |  |  | ✓  |  |  |  |  |  |  |  |
| Roast turkey dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Quorn roast dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Jacket potato with a choice of fillings |  |  |  |  | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Breaded fish, new potatoes and vegetables |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |  |  |
| Vegetable fingers, new potatoes vegetables |  | ✓ |  | ✓ |  |  |  |  |  |  |  |  |  |  |
| ‘Free from’ fish fingers, new potatoes and vegetables |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |
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| Pizza, potato wedges and vegetables |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  |  |  |
| Sausages, new potatoes and vegetables |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast beef dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| Vegetable sausage roast dinner |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  | ✓ |
| Fish burger, potato wedges and vegetables |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |  |  |
| Veggie burger, potato wedges and vegetables |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| ‘Free from’ fish fingers, potato wedges and vegetables |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |
| Tomato pasta bake, garlic bread and salad |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  |  |  |
| Taco, rice and salad |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| ‘Free from’ wraps, rice and salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Salmon and broccoli fishcake, potato rosti and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
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| Cheese and onion slice, potato rosti and vegetables |  | ✓ |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |
| ‘Free from’ tuna pasta bake |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |
| Spaghetti Bolognese and garlic bread |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  |  |  |
| Vegetable pasta and garlic bread |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  |  |  |
| ‘Free from’ spaghetti bolognese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken and sweetcorn pie |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  |  |  |
| Vegetable pie |  | ✓ |  |  |  |  | ✓ |  |  |  |  |  |  |  |
| ‘Free from’ chicken and sweetcorn pie |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Scampi, chips and peas |  | ✓ | ✓ |  | ✓ |  | ✓ |  |  |  |  |  |  |  |
| Vegetable fingers, chips and peas |  | ✓ |  | ✓ |  |  |  |  |  |  |  |  |  |  |
| Chicken and chorizo paella |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable paella |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| ‘Free From’ Fish fingers, chips and peas |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |

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| Review date: | 23/06/17 | Reviewed by: | J Higgins | Food Standards Agency food.gov.uk | You can find this template, including more information [at www.food.gov.uk/allergy](http://www.food.gov.uk/allergy) |