



MENU – week 3

	Monday Around the world	Tuesday Family Favourites	Wednesday Wonderful Roast	Thursday Julie's Jackets	Friday Fish Friday
Lunch	Sweet and sour chicken, rice and prawn crackers	Cottage pie	Roast turkey with all the trimmings and gravy	Jacket potato with a choice of toppings	Tuna pasta bake
Vegetarian option	Vegetable curry, rice and prawn crackers	Vegetable Pie	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Vegetable pasta bake
Dessert	Fruit cocktail	Cheesecake	Fresh fruit	Pineapple upside down cake	Coconut and berry crunch
Free From option	Chicken curry and rice Fruit cocktail	Cottage Pie Yoghurt	Roast turkey with all the trimmings and gravy Fresh fruit	Jacket potato with a choice of toppings Cake	Tuna pasta bake Biscuit
	<p>All meals will contain or be served with at least one portion of vegetables. All hot puddings will be accompanied by custard or cream. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. All children will also be offered bread, a piece of fruit and a drink of milk or water with their main meal.</p>				